Research Publications on the Transcendental Meditation and TM-Sidhi Program Bibliography 1970–2021*

This bibliography lists 435 papers published in peer-reviewed journals or other independent edited scientific publications. Most of these papers report original studies or reviews of research; a small number provide important comment or clarification regarding specific studies, including responses to critiques. A few studies examine a comprehensive multimodal approach to health that includes Transcendental Meditation.

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* Compiled by Dr Roger Chalmers, MRCP(UK) MRCGP DRCOG

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